

# The F.O.R.C.E. Society for Kids' Mental Health

Families Organized for Recognition & Care Equality



## As Families, We've been there

**Support**  
**Education**  
**Advocacy**  
**Navigation**

[www.theforcesociety.com](http://www.theforcesociety.com)

**South Island Contact:**

**250-479-1192**

**islandFORCE@shaw.ca**

### Support

Provides families with an opportunity to speak to other families who understand and may be able to offer support or advice on what has worked for them.



### Education

Provides families and professionals with information, tools and tips on how to support and assist children with mental health difficulties.



### Advocacy

Provides assistance that can help both professionals and families in meeting the mental health need of children and youth



### Navigation

Provides information that can assist families and professionals in knowing the services available and how to connect them.



